

TO LIFT MY HEAD

Quest for survival, light over darkness, courage from despair, man vs himself, self destruction, misery, facing darkness, overcoming, progress, purpose, rebirth

It only hurts when I lift my head, God blessed me then left me for dead
The light of day it burns my eyes coz it's a dark neighborhood in my mind
Wait, wait.

CHORUS- Slow I'm coming down the road
Slow I'm coming down the road
I might just get to where I'm going
I just might get to where I'm going
If only I could just lift my head
If only I could just lift my head

It only hurts when I lift my head spinning round words left unsaid
Poisoning my mind, until my spirit leaves me behind
Wait, wait

CHORUS

BRIDGE- It only hurts when I lift my head
It only hurts when I lift my head
It only hurts when I..... It only hurts until I lay my burden down
Lay it down

CHORUS